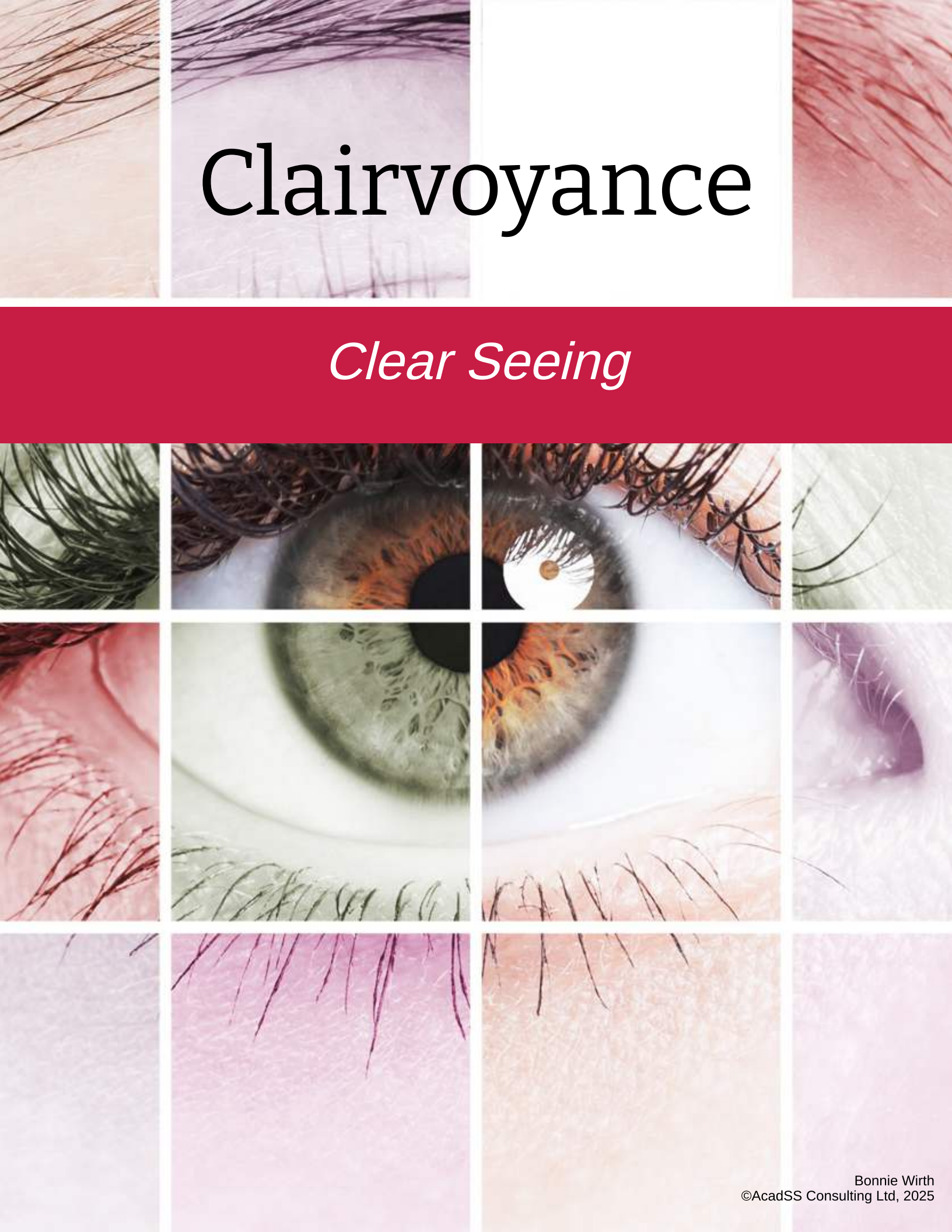




Clairvoyance

Clear Seeing

Clairvoyance

One common way clairvoyance is experienced is through vivid mental pictures. These images arise clearly and with detail in the mind, often without any external stimuli prompting them. For example, a medium may visualize scenes, significant symbols, or important people that relate to the questions or situations they are inquiring about. Imagine someone seeking insight into a complex relationship; they might suddenly find themselves visualizing a harmonious scene that suggests positive resolution and growth. This inner imagery serves as a powerful tool for understanding both the past and the potential future.

A powerful ability that allows mediums to see beyond the physical world and access deeper insights from the spiritual realm.

This remarkable gift can manifest in various forms and contexts, enabling those who possess it to receive visual insights that provide guidance, clarity, and understanding about their lives and the experiences of others.

In contrast, clairvoyance can also present itself as fleeting images—brief, passing snapshots that flash before the mind's eye. Though these spontaneous impressions may be elusive and can sometimes be challenging to grasp fully, they often contain important messages. A medium might catch a glimpse of a scene or an image that, upon reflection, reveals significant truths about a person's situation or the spirit they are communicating with.

Many clairvoyant visions take the form of symbolic representations that convey complex ideas or emotions. Symbols are integral to the language of the spiritual realm, allowing spirits to communicate essential messages that may transcend verbal communication. For instance, envisioning a butterfly might symbolize transformation, change, or personal growth—key themes that resonate deeply with those on a personal journey. Understanding these symbols often requires familiarity with both individual experiences and broader collective interpretations, which can be cultivated over time through practice and reflection.

As you explore the realm of clairvoyance, it becomes clear that this ability is not merely about seeing but about tapping into a rich and layered understanding of the messages being conveyed. Each form of clairvoyant experience offers unique insights that can enhance one's connection to the spiritual world, ultimately fostering greater self-awareness and guidance for navigating life's challenges.





1. Fear of Seeing Spirits: One of the most significant barriers to clairvoyance is the fear of encountering spirits. Many people may feel anxious or frightened at the thought of seeing entities from the spiritual realm. This fear can stem from cultural beliefs, early childhood experiences, or societal stigmas surrounding the unknown. When someone is apprehensive about the possibility of experiencing spiritual visions, this emotional barrier can hinder their ability to perceive clairvoyant information.

2. Past Life Experiences: One of the most significant barriers to clairvoyance is the fear of encountering spirits. Many people may feel anxious or frightened at the thought of seeing entities from the spiritual realm. This fear can stem from cultural beliefs, early childhood experiences, or societal stigmas surrounding the unknown. When someone is apprehensive about the possibility of experiencing spiritual visions, this emotional barrier can hinder their ability to perceive clairvoyant information.

3. Present Life Experiences: Current life situations, such as trauma, emotional stress, or negative experiences, can create a fog that obstructs clairvoyance. When individuals are preoccupied with difficult emotions or challenges, their focus may shift away from the intuitive and spiritual aspects of their lives. Anxiety, depression, or unresolved conflicts can cloud the perception needed to receive clear insights and messages.

4. Limiting Beliefs: Deeply ingrained beliefs about the self and the nature of reality can severely limit one's ability to perceive clairvoyantly. For example, someone may believe they are not a medium or that such abilities are only reserved for a select few. These limiting beliefs can prevent individuals from allowing themselves to explore their intuitive capabilities and diminish their confidence in what they may receive intuitively.

5. Inherited Conditioning: : The beliefs, cultural norms, and societal conditioning you were raised with can significantly shape your views on spirituality and intuition. If you grew up in an environment where spiritual practices were discouraged or viewed with skepticism, you may have internalized these perspectives, leading to resistance against developing your clairvoyant abilities. This inherited conditioning can suppress your natural gifts and restrict your openness to spiritual experiences.

6. Skepticism and Disbelief: A strong sense of skepticism or disbelief regarding spiritual phenomena can be a considerable block to clairvoyance for you as a medium. When you approach intuition with a rational and critical mindset, it can create mental barriers that inhibit your receptivity to subtle messages and insights from the spiritual realm. This skepticism may lead you to dismiss intuitive impressions or visions as mere imagination rather than genuine spiritual communication.





Tips for Developing Clairvoyance

the gift of seeing the unseen

The following practices will empower you to release the blocks and barriers that hinder your inner vision. By consistently incorporating these techniques, you will enhance your ability to perceive beyond the physical realm and tap into the wisdom and guidance offered by the spiritual world.

Mindful Observation: Take regular breaks throughout your day to closely examine your surroundings. Pay attention to the details around you, such as colors, shapes, and textures. Practice doing this with both eyes open, then alternate focusing on each eye to improve your visual awareness.

Prolonged Gazing: Select an object and gaze at it without blinking for as long as possible. This exercise not only strengthens your eye muscles but also helps you create a vivid mental image of the object when you close your eyes. (*ie. candle gazing works great for this exercise.*)

Detailed Observation: Cultivate a habit of observing everything around you—architecture, nature, clothing styles, people's features, and various vehicles. The more intricate details you notice, the clearer your clairvoyant perceptions will be during spiritual communication.

Meditate with Crystals: Utilize crystals like amethyst, fluorite, moonstone, labradorite, or emerald during meditation or wear them to promote clarity in your vision.

Essential Oils: Certain essential oils can aid in developing your clairvoyant abilities. Frankincense is my favorite! Mix a small drop with a carrier oil and gently apply it to the center of your forehead to stimulate your third eye chakra.

Blindfolded Perception: Practice sensing your environment by closing your eyes and using your other senses to describe what you perceive without sight.

Rolling Back the Eyes: While meditating, gently roll your eyes back slightly. This technique can enhance your focus on your third eye area allowing for clearer visualization.

Angelic Cleansing of the Third Eye: invite the angels to cleanse your third eye by picturing them using a squeegee to wash your inner viewing window. Imagine any fog, dirt, or blockages being wiped away, revealing a bright, clear view.

Tapping on the Third Eye: Gently tap the area between your eyebrows (the location of the third eye chakra) with your fingertips for a few moments. This stimulating action can awaken your intuition and increase energy flow to the third eye. While tapping, focus on setting an intention to enhance your clairvoyant abilities and visualize light or energy flowing into the area.